



Christine Malenda, MhD

Are you a cancer Warrior ready to walk the path to mental, emotional and spiritual healing? Are you a loved one of a cancer Warrior looking to support their journey?

Develop your unique path to fearless living in treatment, recovery, remission and/or beyond! There's also a healing path unique to supporters of the Warrior!

Dr. Christine shares openly about her journey during her Mom's battle as a Breast cancer Warrior while facilitating programs and private sessions of powerful transformation. She leads journeys of healing as a Doctor of Metaphysical Healing, Best-Selling Author, Speaker and Counselor.

Christine Malenda, MhD
www.DrChristineMhD.com
The Holistic Center for Soulful Living,
Smithtown, NY



Irene Siegel, Ph.D., LCSW

Reprocess Core Issues Quickly. Significantly Reduce Length of Treatment.

Dr. Siegel in practice over 30 years, uniquely integrates psychotherapy with healing arts. As a Certified EMDR Therapist, original trauma is accessed and reprocessed, leading to rapid resolution. She presents her integrative approach

at International EMDR Conferences, organizations, radio, TV, and publications. Her work goes beyond symptom relief, reconnecting to our spiritual core, reawakening passion and purpose.

Specializing in: PTSD, Depression, Anxiety, Poor Self-Esteem, Trauma, Abuse, Life Changes, Relationship Issues, Health Issues.

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- Individual and Couples Counseling
- Meditation Classes

Irene Siegel, Ph.D., LCSW
Huntington
631 547-5433
www.DrIreneSiegel.com



Natalie Edelman, LCSW

Therapy is a safe, supportive, non-judgmental place where you can come to fully express your worries and concerns. I am a licensed clinical social worker with 24 years of therapy experience. Anxiety, depression, relationship conflicts, grief, medical issues, life transitions, and low self-esteem are issues I have successfully addressed.

As your therapist, I help you sort out your feelings, beliefs, and values so that you can become aware of your options to comfortably resolve your situation. We can work together to recognize and build upon your strengths, while gently identifying and addressing obstacles to your growth.

You can develop the skills and beliefs to have a healthier and happier life!
 Individuals and Couples.

631-673-0346, 631-813-9343
nedelmanlcsw@gmail.com
Massapequa Park



Cynthia Taylor Scott, LMHC
 Licensed Mental Health Counselor

Happiness is a choice! My Holistic approach provides a platform for you to navigate through stress, gain coping skills to break barriers that hold you back from self-acceptance. Remember who you really are meant to be.

Let's take this journey together. You are supported in making positive changes. You are not alone.

Feel safe in an environment to:

- Reduce fears
- Overcome obstacles of Depression, Anxiety
- Work through Trauma, Loss, Grief, Anger, Life Transitions, Relationships, Parenting, Career, Family Conflict, Eating Disorders, Divorce, Aging, End of Life Issues

Woodbury, NY
www.CynthiaTaylorScott.com
CScottLMHC@gmail.com



Dr. Jennifer Howard

Are you ready to live the life you've always dreamed of?

- Winner of 12 awards, including 2013 Gold Nautilus Book Award

Your Ultimate Life Plan: How to Deeply Transform Your Everyday Experience and Create Changes That Last, helps you step boldly into your next, deeper level of happiness, wholeness, transformation and success. The distillation of Dr. Howard's **20-plus years of experience as a licensed psychotherapist, relationship expert, energy healer, and spiritual teacher**, this "workshop in a book" is the missing "how to" for getting unstuck and moving past your problems into a richer, happier more authentic and meaningful life. Why settle for average when the potential to live an amazing life is inside you, right now.

YourUltimateLifePlan.com

Passionately dedicated to helping people experience deep and lasting transformation, a recognized thought leader on psychology and spirituality, **Dr. Jennifer believes it's your birthright to:**

- Achieve success
- Create lasting change
- Find & nourish creativity
- Create healthy relationships
- Heal limiting belief systems
- Move through fears
- Set and reach goals
- Attain physical health
- Embrace self-acceptance
- Live from your true self
- Move past depression/anxiety
- Enhance performance

Creation Readers: FREE Meditation:
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DrJenniferHoward.tv/radio

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631-424-1691 / 212-580-9402
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Welcome Home

Would you like to have a more healing relationship with yourself, one that honors and supports the very best of you? In a safe and respectful setting, utilizing holistic and expressive modalities, you can develop skills that bring you into greater partnership with you and the important relationships in your life.

When you take time to develop your inner compass, greater clarity & happiness

become readily available. Relationships that have been sticky can become fluid & satisfying. Whatever your personal issues, learning to understand & trust your own unique experience becomes the very heart of a life well-lived. This is both your birthright & blessing.

If you yearn to be seen in your life, to be listened to and respected for your personal journey with all of its pleasure & pain, you will have my complete attention.

Specialties include anxiety, trauma, low self-esteem, inner child healing, parenting, anger work & relationship issues.

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Julie Cohen, LCSW

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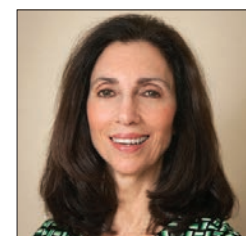
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Workshops Offered Include:
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Jackie Major, LCSW

Offices in Port Jefferson & Huntington Station

Information about Appointments,
Groups & Workshops can be found at
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tel. 631-291-5800
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Jackie Major, LCSW

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Herbology extends back thousands of years. As an experienced Herbalist, I work with herbs and the individual to assist in attaining harmony for strengthening, toning and supporting your life with health! Naturally, gently and simply.

If you have a medical problem, I can consult your physician. Today much health improvement takes real work on your part and the daily care of focusing more on each individual's personal health education and prevention.

Awareness is vital to health! Let me help you create new plans for your health and life and give birth to your new self.

LLYNN' NEWMAN, M.S. C.N.
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HOLISTIC CHIROPRACTOR

Dr. Douglas Drobbin, D.C.
1298 Newbridge Rd
North Bellmore, NY 11710
(SS Pkwy, Exit 25 S)
(516) 379-8500
drobbinchiropractic@gmail.com

Since 1980, Dr. Drobbin, as a primary care physician, has provided quality holistic and wellness care to the families of Long Island, from newborns to seniors.

He utilizes a combination of gentle chiropractic adjustments, nutrition and applied kinesiology to reduce pain and dysfunction with health as the inevitable result.

With a comprehensive approach we focus on the cause of disease, not solely the symptoms. You can be seen for any symptom, and you will get a natural solution or be referred to the proper professional.

Common complaints we see include: neck/back pain, sciatica, headaches, disc herniations, TMJ, pediatric care, low energy, sleep disorders, asthma, numbness, joint dysfunction/pain, car/work accidents, back pain during pregnancy, and much more. If your symptoms are not listed, call for a complimentary phone consultation.

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Dr. Douglas Drobbin, DC

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- Thomas Amelio,
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Scott Clover
Intuitive Energy Healer

HOLISTIC DENTISTRY



Jeffrey Etess, DMD, NMD, IBDM

Jeffrey Etess, DMD, NMD, IBDM is an Ivy League educated endodontic dental specialist with formal university residency training that encompasses an extensive oral surgical expertise including all aspects of dental implantology. Dr. Jeff, as his cherished long-time adult patients and his pediatric patients call him, has a dual board certification in Naturopathic and Integrative medicine.

Dr. Jeff created **Integrative Dental Specialists** to provide the absolute best comprehensive dental care available

today. The office uses the latest technology and proprietary dental and healing techniques available in cosmetic biomimetic reconstructive, rejuvenation, and restorative dentistry. There is always an emphasis on biocompatible and holistic dentistry to create a very natural and beautiful smile you can be confident with and proud of. Dr. Jeff has achieved a highly professional, relaxed, caring, and pain-free environment for his patients with sedation dentistry available if required. The entire team looks forward to meeting you and exceeding your expectations.

Dr. Jeffrey Etess
Integrative Dental Specialists of Long Island
245 Hillside Avenue
Williston Park, NY 11596
516-253-1800

Integrative Dental Specialists of Manhattan
120 East 56th Street
12th Floor
New York, NY 10022
212-973-9425
www.intergrativedentalNY.com



Olga Isaeva, DDS, NMD, IBDM

Dr. Olga Isaeva DDS is a graduate of Louisiana State University School of Dentistry (2004) and has practiced as a General Dentist in North Carolina & Long Island, NY.

Her new practice—**Nature's Dental**—is primarily devoted to Biomimetics – Nature Mimicking Dentistry, as Dr. Olga (as she prefers to be called) strongly believes that Biomimetics is the future of all

dental care. Dr. Olga considers that a truly beautiful smile starts with our healthy selves. Therefore, she takes special care to evaluate your dental needs as they relate to your overall wellbeing.

As a Level II Reiki Healer, **Dr. Olga** (with patient's permission) may incorporate Reiki healing sessions into your dental visit for ultimate and prolonged results.

In 2016, Dr. Olga graduated from American College of Integrative Medicine and Dentistry, recommitting herself to the art and science of Naturopathics and "Doctor Do No Harm" motto.

Nature's Dental
NaturesDental.net
50 Broadway, Greenlawn, NY 11740
631 316-1816



Norman Bressack, D.D.S., P.C.

NORMAN BRESSACK, D.D.S., P.C.
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Dr. Kilimitzoglou

Jimmy Kilimitzoglou, DDS, DABOI, MAGD, FICOI, FAAID, FDOCS, e.s.i. Healthy Dentistry
42 Terry Road
Smithtown, NY 11787
(631) 979-7991
www.esihealthydentistry.com

Dr. Kilimitzoglou is a Master of the Academy of General Dentistry and a Diplomat of the American Board of Oral Implantology. He is one of 300 dentists in the world with these credentials.

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- No- Metal Zirconia Bridges
- Laser Fillings and Gum Treatment
- Holistic Root Canal Therapy
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- 3-D Digital Jawbone Bone Scan
- Invisalign—no metal orthodontics.

Some patients associate visiting the dentist with thoughts of pain and discomfort. To ensure that the patient experience is

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Dr. Kilimitzoglou knows that both comfort and appearance are important when it comes to oral health. Dental implants act as replacement teeth, providing functional and cosmetic benefits for patients who have lost teeth. We hope to see you at our beautiful facility soon!



Dr. Natalie Krasnyansky

Dr. Natalie Krasnyansky
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(see ad page 3 for special offer)

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NAET (Nambudripad's Allergy Elimination Technique), is a medicine-free technique that retrains the body to accept the allergen.

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Anthony Cerabino
B.M, LMT, M.S., L.Ac

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I help clients align with their authentic self and move towards their best life, using Reiki, Crystals, Essential Oils, Dowsing & other healing modalities.

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Somatic Movement

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Offers expertise in:

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- Alignment and Posture Training
- Therapeutic Movement
- Balance and Core Training
- Surgery Rehabilitation from Injury
- Performance Training

Mandy has a deep, intuitive knowledge of the body's intricacies. With her sharp eye and informed touch, she is able to guide her

students effectively toward deep, integrative movement. For anyone who seeks to understand how to move with ease and enduring strength, Mandy is the one to see!
 ~ A. Baumgarten, NYC

Sessions are offered in Manhattan NY
Email: Mandy@breathingheart.com
917.763.8618
www.breathingheart.com



Mandy Sau Yi Chan