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ACUPUNCTURE

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BOOKS

RITUAL AS REMEDY – Embodied Practices For Soul Care by Mara Branscombe. A step-by-step guide to potent self-care and soul-care rituals that awaken freedom, joy, intuition, self-love, and your inner mystic. Inner Traditions – Bear & Company. InnerTraditions.com (See ad p.7)

HEALING: A CONVERSATION; A FIELD GUIDE TO REDEMPTION by Annette Cravera Goggio, MPH – Find comfort and clarity through emotional clearing, pain reduction and spiritually directed healing. (see ad p.23)

CLASSES / GROUPS

TRAIN TO LEAD TRANSFORMATIONAL WORKSHOPS IN LOUISE HAY'S PHILOSOPHY Tampa – June 11 - 18. All materials provided. Authorized by Hay House, Inc., healyourlifetraining.com/florida, phone 713-201-2020.

COUNSELING / THERAPY

REGRESSION AND PAST LIFE THERAPY with Frank Nichols, LSCW. Professional and empathetic service. Call: 631-896-6352. (see ad p.15)

PAST LIFE REGRESSION THERAPY by well-known agency director and author. Certified by Brian Weiss. Watch television feature on website: www.SunriseCounselingCenter.com. Also see popular new book at SeekingSoul.com and see Richard Scheinberg on Facebook. Bay Shore. (631) 666-1615.

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HEALING / BODYWORK

SHAMANIC ENERGY HEALING SESSIONS with Thelma Condra, Certified Shamanic Practitioner and Reiki Master. Monthly Full Moon Fire Ceremonies and Shamanic Reiki Circles. www.energyhealingssessions.com.

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HOLISTIC DENTISTRY

NORMAN BRESSACK, DDS, PC / DR. BATOOL RIZVI –1692 Newbridge Road, N. Bellmore, NY 11710. 516-221-7447. (see ad p.27)

e.s.i. HEALTHY DENTISTRY 43 Terry Road, Smithtown, NY 11787. 631-979-7991. (see ad p.2)

ESSENTIAL DENTAL OF ROSLYN – Natalie Krasnyansky, D.D.S., 70 Glen Cove Road, Roslyn Heights, NY 11577, 516-621-2430. (see ad p.3)

INTEGRATIVE DENTAL SPECIALISTS Dr. Jeffrey Etess, DMD, NMD, IBDM. 245 Hillside Ave, Williston Park, NY, 516-253-1800, and 120 E 56th St., NYC, 212-845-9740. integrativedentalNY.com. (see ad p.11)

GOLDEN DENTAL WELLNESS CENTER 444 Community Dr. Ste #204, Manhasset, NY 11030 516-627-8400 (see ad p.26)

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READINGS BY ALICE – Tarot Card Reader & Intuitive Empath / Member of TABI (Tarot Association of the British Isles) I have 13 years' experience as a reader...but I have always been an empath! My metaphysical journey began in 2008 when a well-known LI psychic invited me to join her weekly "psychic development" circle; there for two years I studied the art of intuitive reading, psychometry, automatic-writing, and energy work in all its forms. In 2008 I also became Reiki I & II certified. I am forever grateful to my mentor for pushing me out of the "readers closet." For those of you who do not know, Tarot is an ancient European divination tool used for guidance and meditation. We all have free will and nothing is written in stone! So "Go ask Alice" I think she'll know. Alice, that's me. Call me to book a reading and find out what your cards have to say! Voicemail: (631) 650-4752.

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