

#### ACUPUNCTURE

#### E.W. NATURAL HEALING ACUPUNCTURE P.C. -

Henry Zhen-Hong Lee, NYS Licensed Acupuncturist, Herbologist, 40 years experience. Long Island (516-822-6722), Queens (718-445-8438) and Manhattan (646-220-5388) locations. (see ad p.5)

**HEALTHCARE WELLNESS CENTER - Medicine** and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org. (see ad p.13)

#### ADDICTION

#### HAVE YOU FOUND YOU ARE USING MORE **SUBSTANCES THAN USUAL SINCE COVID?** You

are not alone. The numbers of people managing their stress with the use/misuse of legal and illegal mood altering substances is skyrocketing. Call today to talk to someone. The Kenneth Peters Center for Recovery, Long Island's premier boutique program for the treatment of substance use disorder serving the Long Island community for thirty years. Syosset: 516-364-2220, Hauppauge: 631-273-2221, www.kenpeterscenter.com.

#### ART

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paintings into your home or office space. Artist Peter Nolan's gifted works express the glory of spirit, manifesting as color and light. After being diagnosed with Parkinson's Disease in 2015, Peter now offers glicee prints of ultra-detailed resolution and vibrant color on fine art paper as well as canvas prints. All profits go to Peter's immediate health needs. Thank you for supporting and spreading his light. Visit: www.peternolanart.com.

## BOOKS

### YOU WERE HERE BEFORE, WHY ARE YOU HERE

**NOW?** Experiences Of a Past Life Regression Therapist by Barbara Pisick, PMHCNS. Available on Amazon, www.pastliferegressiontherapy.com, blpsik@yahoo.com (see ad p.18)

YOGA OF SOUND - The Life and Teaching of the Celestial Songman, Swami Nada Brahmananda by Michael Grosso. A vivid portrait of New York City in the 1970s and its underground arts and music scene. ISBN 978-1-64411-637-1. www. InnerTraditions.com 800-246-8648. (see ad p.11)

#### COUNSELING/THERAPY

## PAST LIFE REGRESSION THERAPY by wellknown agency director and author. Certified by Brian Weiss. Watch television feature on website:

 $www. Sunrise Counseling Center.com.\ Also\ see$ popular new book at SeekingSoul.com and see Richard Scheinberg on Facebook. Bay Shore. (631) 666-1615

#### **REGRESSION AND PAST LIFE THERAPY**

with Frank Nichols, LSCW, Professional and empathetic service. Call: 631-896-6352. (see ad p.9)

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#### HEALING/BODYWORK

FREQUENCY TEST TELLS ALL Discover what colors, music, gemstones, and essential oils vibrate in your frequency, and how to use them to boost energy, increase focus and decrease anxiety. Acoustic Therapeutix, 430 West Main Street, Babylon, NY. acoustictherapeutix.com

# **BRING HARMONY, BALANCE AND PEACE**

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SHILAJIT - The Ayurvedic Adaptogen for Anti-Aging and Immune Power. 84+ minerals rich in organic fulvic acid, humic acid, vitamins, enzymes, tocoperhols, bioflavonoids, antioxidants, and metabolites. www.vibemedx.com (see ad p.7)

**BOOSTIE** – A Powerhouse of Nutrition intentionally formulated to provide a broad spectrum of nutrient dense vitamins and minerals in one convenient packet. www.BoostieYourHealth.com 1-800-988-7541, Goldie@BoostieYourHealth.com (see ad p.12)

**DOCTOR'S BIOME** – Boost your immunity with a doctor-formulated organic probiotic drink in a vegetable fruit juice. Use code CREATIONS34 at check out for \$34 OFF each case of 30 bottles. www.doctorsbiome.com (see ad p. 14)

#### HOLISTIC DENTISTRY

#### **GOLDEN DENTAL WELLNESS CENTER**

444 Community Dr. Ste #204, Manhasset, NY 11030, 516-627-8400 (see ad p.22)

e.s.i. HEALTHY DENTISTRY 43 Terry Road, Smithtown, NY 11787. 631-979-7991. (see ad p.2)

**INTEGRATIVE DENTAL SPECIALISTS** Dr. Jeffrey Etess, DMD, NMD, IBDM. 245 Hillside Ave. Williston Park, NY, 516-253-1800, and 120 E 56th St., NYC, 212-845-9740. integrativedentalNY.com. (see ad back cover)

#### NORMAN BRESSACK, DDS, PC /

DR. BATOOL RIZVI -1692 Newbridge Road, N. Bellmore, NY 11710. 516-221-7447. (see ad p.23)

**ESSENTIAL DENTAL OF ROSLYN - Natalie** Krasnyansky, D.D.S., 70 Glen Cove Road, Roslyn Heights, NY 11577, 516-621-2430. (see ad p.3)

#### HOLISTIC HEALTH

**HEALTHCARE WELLNESS CENTER – Medicine** and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org. (see ad p.13)

### PSYCHIC/SPIRITUAL

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#### SPIRITUAL SINGLES

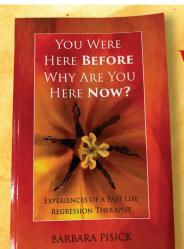
MEET YOUR DIVINE COMPLEMENT on the Oldest, Largest, Exclusively Spiritual Dating Site. Increase your Pool of Conscious Singles. Our Members are Amazing! SpiritualSingles.com.

#### VITAMIN THERAPY

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# You Were Here Before Why Are You Here Now?

Experiences Of A Past Life Regression Therapist by Barbara Pisick PMHCNS

## **Available on Amazon**

Thirty-five regressions depict individuals regressions and how that information helped them to understand their life issues and life purpose.

blpisick@yahoo.com www.pastliferegressiontherapy.com

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