

MARKETPLACE

ACUPUNCTURE

HEALTHCARE WELLNESS CENTER – Medicine and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org. (see ad p.10)

E.W. NATURAL HEALING ACUPUNCTURE P.C. – Henry Zhen-Hong Lee, NYS Licensed Acupuncturist, Herbologist, 40 years experience. Long Island (516-822-6722), Queens (718-445-8438) and Manhattan (646-220-5388) locations. (see ad p.4)

ADDICTION

HAVE YOU FOUND YOU ARE USING MORE SUBSTANCES THAN USUAL SINCE COVID?

You are not alone. The numbers of people managing their stress with the use/misuse of legal and illegal mood altering substances is skyrocketing. Call today to talk to someone. The Kenneth Peters Center for Recovery, Long Island's premier boutique program for the treatment of substance use disorder serving the Long Island community for thirty years. Syosset: 516-364-2220, Hauppauge: 631-273-2221, kenpeterscenter.com.

ART

BRING THE WONDER AND BEAUTY of Veil paintings into your home or office space. Artist Peter Nolan's gifted works express the glory of spirit, manifesting as color and light. After being diagnosed with Parkinson's Disease in 2015, Peter now offers gleece prints of ultra-detailed resolution and vibrant color on fine art paper as well as canvas prints. All profits go to Peter's immediate health needs. Thank you for supporting and spreading his light. Visit: www.peternolanart.com.

BOOKS

ANGEL ABUNDANCE – Revelations On True Wealth From the 12 Archangels by Belinda J. Womack. Attract wealth and abundance with guidance from the 12 Archangels. ISBN 978-1-59143-498-6. InnerTraditions.com 800-246-8648. (see ad p.8)

YOU WERE HERE BEFORE, WHY ARE YOU HERE NOW? *Experiences Of a Past Life Regression Therapist* by Barbara Pisick, PMHCNS. Available on Amazon, www.pastliferegressiontherapy.com, blpsik@yahoo.com (see ad p.20)

COUNSELING/THERAPY

REGRESSION AND PAST LIFE THERAPY with Frank Nichols, LSCW. Professional and empathetic service. Call: 631-896-6352. (see ad p.7)

PAST LIFE REGRESSION THERAPY by well-known agency director and author. Certified by Brian Weiss. Watch television feature on website: www.SunriseCounselingCenter.com. Also see popular new book at SeekingSoul.com and see Richard Scheinberg on Facebook. Bay Shore. (631) 666-1615.

CLASSES/GROUPS

FREE GROUP AND FREE ONLINE COURSE "Photography - A Path To Healing." More information www.DrJohnPhotography.com

HEALING/BODYWORK

HARMONY AND LIGHT WELLNESS - Harmonic Egg sessions are now available on Long Island! Sound and light therapy to relax and reset your body. Located in Port Jefferson. harmonyandlightwellness.com (631) 828-5055. (see ad p.11)

FREQUENCY TEST TELLS ALL Discover what colors, music, gemstones, and essential oils vibrate in your frequency, and how to use them to boost energy, increase focus and decrease anxiety. Acoustic Therapeutix, 430 West Main Street, Babylon, NY. acoustictherapeutix.com

SHAMANIC ENERGY HEALING SESSIONS with Thelma Condra, Certified Shamanic Practitioner and Reiki Master. Monthly Full Moon Fire Ceremonies and Shamanic Reiki Circles. www.energyhealingsessions.com.

BRING HARMONY, BALANCE AND PEACE INTO YOUR LIFE Shamanic Healings and Readings, Crystal Workshops and an array of beautiful healing Crystals and Shamanic Tools offered at The Sacred Stone in Bohemia. Shamanic Drumming Circle the 1st Sunday of each month, 6-8pm. Space is limited, please call to reserve 631-241-3578.

HEALTHY PRODUCTS

DOCTOR'S BIOME – Boost your immunity with a doctor-formulated organic probiotic drink in a vegetable fruit juice. Use code CREATIONS34 at check out for \$34 OFF each case of 30 bottles. www.doctorsbiome.com (see ad p. 19)

BOOSTIE – A Powerhouse of Nutrition intentionally formulated to provide a broad spectrum of nutrient dense vitamins and minerals in one convenient packet. www.BoostieYourHealth.com 1-800-988-7541, Goldie@BoostieYourHealth.com (see ad p.5)

VibeMedX – The Ayurvedic Adaptogen for Anti-Aging and Immune Power - pure Shilajit. 84+ minerals rich in organic fulvic acid, humic acid, vitamins, enzymes, tocopherols, bioflavonoids, antioxidants, and metabolites. www.vibemedx.com (see ad p.11)

HOLISTIC DENTISTRY

ESSENTIAL DENTAL OF ROSLYN – Natalie Krasnyansky, D.D.S., 70 Glen Cove Road, Roslyn Heights, NY 11577, 516-621-2430. (see ad p.3)

NORMAN BRESSACK, DDS, PC / DR. BATOOL RIZVI –1692 Newbridge Road, N. Bellmore, NY 11710. 516-221-7447. (see ad p.27)

GOLDEN DENTAL WELLNESS CENTER 444 Community Dr. Ste #204, Manhasset, NY 11030, 516-627-8400 (see ad p.26)

e.s.i. HEALTHY DENTISTRY 43 Terry Road, Smithtown, NY 11787. 631-979-7991. (see ad p.2)

INTEGRATIVE DENTAL SPECIALISTS Dr. Jeffrey Etess, DMD, NMD, IBDM. 245 Hillside Ave, Williston Park, NY, 516-253-1800, and 120 E 56th St., NYC, 212-845-9740. integrativedentalNY.com. (see ad back cover)

HOLISTIC HEALTH

HEALTHCARE WELLNESS CENTER – Medicine and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org. (see ad p.10)

PSYCHIC/SPIRITUAL

UNIQUE READINGS by Compassionate Spiritual Artist. Ten-minute session for \$35 via phone only. Text for appointment: 757-496-0315.

PSYCHIC READINGS: 30+ years experience. NYC Clairvoyant, Medium, Health Sensitive, Teacher of Tarot and Psychic Development. Readings and Lessons via in person, Internet or Phone. As seen / heard on Radio, Television, Internet. Accurate and honest. Call 917 671-8575, www.psychicchristina.com.

PSYCHIC PALM / TAROT / MEDIUM READINGS BY RONI TODD – Over 45 years experience. Roni can help with life's challenges using clairvoyance, spiritual communication, & psychic insights. Relationship expert. New York's #1 Palm & Tarot Reader, now at 2 Long Island locations. Available for private & phone readings. 516 889-3732, www.ronitoddspsychic.com.

SPACE / PROPERTY

TWO BEAUTIFUL HOLISTICALLY DECORATED TREATMENT ROOMS to rent part time in Smithtown. Please Call or Text Theresa (631) 833-9996.

OFFICE SPACE TO SUBLET/RENT. Professional private, quiet, parking, all utilities, furnished, window view. Flexible rent on days used. Call 516-674-4868.

SPIRITUAL EVENTS

LOCAL AND GLOBAL CONSCIOUS EVENTS Classes, Workshops, Retreats, Fairs, Summits, Gatherings. Yoga, Shamanic, Q-Gong, Dolphins/Whales and so much more! SpiritualEvents.com.

SPIRITUAL SINGLES

MEET YOUR DIVINE COMPLEMENT on the Oldest, Largest, Exclusively Spiritual Dating Site. Increase your Pool of Conscious Singles. Our Members are Amazing! SpiritualSingles.com.

VITAMIN THERAPY

GET AN IV BOOST – Vitamin Therapy: A powerful IV drip of Vitamins, Minerals and Antioxidants. Mitchell Kurk, MD. 516-239-5540. (see ad p.3)

YOGA

REVOLUTION YOGA ONLINE Full Schedule 7 Days a Week - All Levels of Classes, Restorative, Meditation, Pre/ Post-natal, Mom & Me, Teen, Kids-party/camp/ classes, Live Zoom Classes and Full Class Archive. Online Teacher Trainings and Courses. 7 N. Village Ave., Rockville Centre, NY 11750. 516-619-6421. revolutionyogaspace.com.

Call for All your
Life Insurance Needs!
"Making Friends Through Service"

SAHANIS: Shiv, Arish & Priya
Office: (718) 271-0453
Cell: (646) 644-0174
Email: sksahani@ft.nyl.com
Agent, New York Life Insurance Company



Shiv Sahani



Offices Available for Rent

HUNTINGTON VILLAGE: 75 PROSPECT ST.
Single offices: furnished or unfurnished,
also available to share
Starting at \$400/month for 3days/week

- Single and Multiple Offices on First Floor
- All office spaces approx 175-200 sq ft w/lg windows
- Private 40 car parking lot one block from Main St
- One block from Main St in Huntington Village
- Ideal for any small business

Call Marie: 516-457-5031

ALL READY FOR SCHOOL HAIKU

by Roberta A. McQueen,
East Islip, NY

uniform is pressed
books and lunch ready to go
oops, it's saturday

BEACH HAIKU

by Roberta A. McQueen,
East Islip, NY

going to the beach
hot sand in the parking lot
can't wait to get wet