

ACUPUNCTURE

HEALTHCARE WELLNESS CENTER – Medicine and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org. (see ad p.6)

E.W. NATURAL HEALING ACUPUNCTURE P.C. -

Henry Zhen-Hong Lee, NYS Licensed Acupuncturist, Herbologist, 40 years experience. Long Island (516-822-6722), Queens (718-445-8438) and Manhattan (646-220-5388) locations. (see ad p.12)

ADDICTION

HAVE YOU FOUND YOU ARE USING MORE SUBSTANCES THAN USUAL SINCE COVID?

You are not alone. The numbers of people managing their stress with the use/misuse of legal and illegal mood altering substances is skyrocketing. Call today to talk to someone. The Kenneth Peters Center for Recovery, Long Island's premier boutique program for the treatment of substance use disorder serving the Long Island community for thirty years. Syosset: 516-364-2220, Hauppauge: 631-273-2221, kenpeterscenter.com.

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BOOKS

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HERE NOW? Experiences Of a Past Life Regression Therapist by Barbara Pisick, PMHCNS. Available on Amazon, www. pastliferegressiontherapy.com, blpsik@yahoo. com (see ad p.13)

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SAHANIS: Shiv, Arish & Priya Office: (718) 271-0453 Cell: (646) 644-0174 Email: sksahani@ft.nyl.com



DEATH NESTING - The Heart-Centered Practices of a Death Doula by Anne-Marie Keppel. A practical and compassionate guide

to physically, emotionally, and spiritually caring for the dying. ISBN 978-1-59143-482-5. InnerTraditions.com 800-246-8648. (see ad p.14)

THAT WAS ZEN THIS IS TAO - Living Your Way to Enlightenment by Chris Prentiss. An invaluable new guide for the most important journey of your life. "A deeply meaningful guide. Destined to become a classic!" – Creations Magazine. (see ad p.9)

COUNSELING/THERAPY

PAST LIFE REGRESSION THERAPY by wellknown agency director and author. Certified by Brian Weiss. Watch television feature on website: www.SunriseCounselingCenter.com. Also see popular new book at SeekingSoul.com and see Richard Scheinberg on Facebook. Bay Shore. (631) 666-1615.

REGRESSION AND PAST LIFE THERAPY

with Frank Nichols, LSCW. Professional and empathetic service. Call: 631-896-6352. See p10

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NORMAN BRESSACK, DDS, PC /

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ESSENTIAL DENTAL OF ROSLYN - Natalie Krasnyansky, D.D.S., 70 Glen Cove Road, Roslyn Heights, NY 11577, 516-621-2430. (see ad p.3)

e.s.i. HEALTHY DENTISTRY 43 Terry Road, Smithtown, NY 11787. 631-979-7991. (see ad p.2)

INTEGRATIVE DENTAL SPECIALISTS Dr. Jeffrey Etess, DMD, NMD, IBDM. 245 Hillside Ave, Williston Park, NY, 516-253-1800, and 120 E 56th

St., NYC, 212-845-9740. integrativedentalNY.com. (see ad back cover)

GOLDEN DENTAL WELLNESS CENTER

444 Community Dr. Ste #204, Manhasset, NY 11030, 516-627-8400 (see ad p.22)

HOLISTIC HEALTH

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Looking Ahead: The December / January 2024 "Holidays" Issue

Radiate the Spirit of the Holidays; Promote Peace & Goodwill

ADS DUE NOVEMBER 10TH

Article & Poetry Submissions Due October 15th

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