

### ACUPUNCTURE

### E.W. NATURAL HEALING ACUPUNCTURE P.C. -

Henry Zhen-Hong Lee, NYS Licensed Acupuncturist, Herbologist, 40 years experience. Long Island (516-822-6722), Queens (718-445-8438) and Manhattan (646-220-5388) locations. (see ad p.5)

**HEALTHCARE WELLNESS CENTER - Medicine** and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org. (see ad p.8)

### ADDICTION

### HAVE YOU FOUND YOU ARE USING MORE SUBSTANCES THAN USUAL SINCE COVID?

You are not alone. The numbers of people managing their stress with the use/misuse of legal and illegal mood altering substances is skyrocketing. Call today to talk to someone. The Kenneth Peters Center for Recovery, Long Island's premier boutique program for the treatment of substance use disorder serving the Long Island community for thirty years. Syosset: 516-364-2220, Hauppauge: 631-273-2221, kenpeterscenter.com.

### ART

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BOOKS

# YOU WERE HERE BEFORE, WHY ARE YOU

**HERE NOW?** Experiences Of a Past Life Regression Therapist by Barbara Pisick, PMHCNS. Available on Amazon, www.past life regression the rapy.com,blpsik@yahoo.com. (see ad p11)

# THE SACRED HERBS OF YULE AND CHRISTMAS

Remedies, Recipes, Magic & Brews for the Winter Season by Ellen Evert Hopman. A world tour of ancient Christmas celebrations, Pagan Solstice customs, and magical seasonal plants. www.InnerTraditions.com 800-246-8648. (see ad p.13)



Call Marie: 516-457-5031

Ideal for any small business

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### COUNSELING/THERAPY

PAST LIFE REGRESSION THERAPY by wellknown agency director and author. Certified by Brian Weiss. Watch television feature on website: www.SunriseCounselingCenter.com. Also see popular new book at SeekingSoul.com and see Richard Scheinberg on Facebook. Bay Shore.

**REGRESSION AND PAST LIFE THERAPY** with Frank Nichols, LSCW. Professional and empathetic service. Call: 631-896-6352. (see ad p.7)

# PAUL STEIN, PH.D., LMSW, BA

Archetypal Analytic Depth Psychology, Jung's Holistic Approach. (646) 709-8634, plsphd@dreamsphd.com https://dreamsphd.wordpress.com/

### CLASSES/GROUPS

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### HEALING/BODYWORK

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**SHAMANIC HEALING SESSIONS** with Thelma Condra, Shamanic Practitioner and Reiki Master teacher. www.energyhealingsessions.com.

# Call for All your **Life Insurance Needs!**

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SAHANIS: Shiv, Arish & Priya Office: (718) 271-0453 Cell: (646) 644-0174 Email: sksahani@ft.nyl.com



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e.s.i. HEALTHY DENTISTRY 43 Terry Road, Smithtown, NY 11787. 631-979-7991. (see ad p.2)

**INTEGRATIVE DENTAL SPECIALISTS** Dr. Jeffrey Etess, DMD, NMD, IBDM. 245 Hillside Ave. Williston Park, NY, 516-253-1800, and 120 E 56th St., NYC, 212-845-9740. integrativedentalNY.com. (see ad back cover)

NORMAN BRESSACK, DDS, PC / DR. BATOOL RIZVI -1692 Newbridge Road, N. Bellmore, NY 11710. 516-221-7447. (see ad p.23)

**ESSENTIAL DENTAL OF ROSLYN - Natalie** Krasnyansky, D.D.S., 70 Glen Cove Road, Roslyn Heights, NY 11577, 516-621-2430. (see ad p.3)

#### **GOLDEN DENTAL WELLNESS CENTER**

444 Community Dr. Ste #204, Manhasset, NY 11030, 516-627-8400 (see ad p.22)

### HOLISTIC HEALTH

**HEALTHCARE WELLNESS CENTER – Medicine** and Wisdom in Perfect Harmony. Anthony Cerabino, Founder, Licensed Acupuncturist and Massage Therapist. Healing modalities include: Acupuncture, Medical Massage, Herbal Medicine, Nutritional Counseling and Allergy Elimination (NAET). Most insurance accepted. 85 W. Main Street, Suite 302, Bay Shore, NY. 631-665-1666. www.healthcarewellness.org.

# PSYCHIC/SPIRITUAL

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# YOGA

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